



June 4, 2021

## Be ready for summer by getting vaccinated this weekend!

With dozens of new walk-in clinics available this weekend, now is the perfect time to keep yourself safe and healthy for the summer (and beyond!) — by getting vaccinated.

There are hundreds of clinics around the state. You can even get your vaccine in many of the places you might already be going to this weekend — including Jazz Fest in Burlington, Capital City Farmer’s Market in Montpelier, the Wilmington Antique and Flea Market, and many state parks.

So, if you know someone who is not vaccinated, invite them to go with you, or help spread the word. Getting vaccinated is free and easy! Get more details on these clinics and more by visiting [healthvermont.gov/MyVaccine](https://healthvermont.gov/MyVaccine).

Most pharmacies around the state are also offering walk-in vaccinations. Ask your local pharmacist today or simply walk into a CVS, Hannaford Food and Drug, Walmart, Walgreens, Price Chopper/Market 32, Rite Aid, Shaw’s Supermarket, or Costco.

As a trusted messenger to your family and friends, you can play a role in their decision to vaccinate. Here are [tips on how to talk about the vaccine](#).

[Find a vaccine clinic near you](#)

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## Effort continues to vaccinate Vermonters, protect our communities

Help get Vermont closer to its goal of lifting COVID-19 restrictions by getting vaccinated! Governor Phil Scott has said that once 80% of eligible Vermonters are vaccinated, all state COVID-19 restrictions will be lifted. At his Tuesday press conference, Gov. Scott said that only about 11,000 more Vermonters need to get their shot in order to meet this goal.

We continue to add walk-in and other special vaccination opportunities, including at workplaces, houses of worship, libraries, mobile home parks and more.

Health Commissioner Mark Levine, MD, said on Tuesday that “if you’ve been waiting to get vaccinated by your doctor or primary care practice, it might be time to call and see if they are participating, and if they are, get scheduled for your shot.”

Vermont employers, health and service organizations, community groups and others who want to host or request a vaccination clinic are encouraged to send in this [online Vaccine Clinic Request Form](#).

If you or anyone you know are still looking for a convenient place to get your shot, just visit [healthvermont.gov/MyVaccine](http://healthvermont.gov/MyVaccine) or call 855-722-7878. And help spread the word!

Dr. Levine also reminded Vermonters that for public health, meeting the 80% goal does not mean our work stops.

“The higher we can get Vermont’s vaccination rate, the higher the probability we will truly suppress coronavirus activity in this state,” he said. “This leads to less opportunity for the virus to be spread between susceptible people, meaning less likelihood of mutations and more virulent strains, and boding well for the fall and winter respiratory virus season.”

[Find a vaccine clinic near you](#)

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## New map of COVID-19 vaccine rates by town

You can now see a new Vermont data map that shows [COVID-19 vaccine rates by town](#)! The interactive map reflects percent of Vermonters aged 12 and older who have received at least one dose of COVID-19 vaccine. The map will be updated weekly on Thursdays.

The information is best used to help understand potential gaps in vaccination coverage and to inform planning discussion. However, some caution is advised when interpreting the town-level data. There are several scenarios where vaccinations may not be attributed to the correct town. For example, some towns do not have a unique zip code assigned, so if a person registers with their mailing address, it may reflect a different town than their physical location. Read the Data Notes below the map for more details.

[See the map](#)

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## Schedule changing for Vermont Dashboard data updates

As COVID-19 activity decreases in Vermont and the Health Department streamlines its COVID-19 data reporting, the [Vermont Dashboard](#) will now be updated Monday through

Friday only. Data from Saturday and Sunday will be included when the dashboard is updated on Mondays.

[Visit the Vaccine Dashboard](#)

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## Stay cool in the heat

Summertime heat is expected this weekend and into early next week with high temperatures in the 80s and 90s.

During hot weather, your body's temperature control systems can have a hard time keeping up, and your temperature can get dangerously high. So, whether you plan or work or play outdoors, it's important to start slowly, drink more fluids than usual and take extra breaks in the shade or cool indoor locations.

Read our press release for what you can do to [Stay Cool](#), [Stay Hydrated](#), [Stay Informed](#)

[Read the press release](#)

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## Stay safe in the water

With temperatures rising, many Vermonters will be seeking out the sweet relief of a cooling dip at their local swimming hole.

While swimming holes offer wonderful recreational opportunities, swimming at an unmanaged location comes with risks.

Heavy rainfalls can create potentially dangerous conditions in swim holes, streams, rivers, and waterfalls. These conditions of high water or strong undercurrents can linger several days after a storm. Stay aware of rapidly changing weather conditions. Check the [weather forecast](#) and watch for signs of change such as sudden storm clouds and high winds.

Take care to avoid what you can't see: Be aware of and avoid drop-offs and hidden underwater obstacles in natural water sites. Do not dive into water, and always enter water feet-first.

Early June surface water temperatures on Lake Champlain and other bodies of water are typically only in the lower 50s, and immersion in cold water – whether on purpose or by accident – can become life-threatening very quickly.

If you are on the water, ALWAYS wear a life vest. If you accidentally end up in the water, wearing one will keep you afloat, allowing more time for rescuers to arrive.

Good decision-making, and a little bit of planning, can often avert a tragedy.

See our [tips for safely enjoying Vermont's waters this summer!](#)

[See the tips](#)

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## Additional resources about vaccination & more

- Find answers to your questions about the COVID-19 vaccine from the CDC: [www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html](http://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html).
- Get Vermont-specific information in our [Frequently Asked Questions](#).
- Find information sheets, posters and toolkits, as well as translated materials on our [Resources web page](#).

[Visit the Resources webpage](#)

## New on [healthvermont.gov](http://healthvermont.gov)

### Vermont Forward Vaccination Data

This data is used to measure progress toward the [Vermont Forward](#) goal of 80% of eligible Vermonters vaccinated, when COVID-19 restrictions will be lifted. Data is reported by the CDC and adjusted for duplicate reporting.

#### From [Vermont Forward](#) as of June 4, 2021:

- **78.6%** of eligible Vermonters (12+) with at least one dose of vaccine.
- **7,878** Vermonters needed to reach goal

Find Health Department vaccine data, including vaccination rates by county, age, sex, race and ethnicity, at the [COVID-19 Vaccine Dashboard](#).

Visit [COVID-19 Current Activity](#) for up-to-date information on COVID-19 positive cases across Vermont.

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Vermont Department of Health | 802-863-7240 | [HealthVermont.gov](http://HealthVermont.gov)  
[AHS.VDHPublicCommunication@vermont.gov](mailto:AHS.VDHPublicCommunication@vermont.gov)